Estimation of Specific Absorption Rate Levels in a Typical Fruit Specimen and Observations on their Variations According to Different Electromagnetic Standards

Ardhendu Kundu[#], Bhaskar Gupta, Amirul I. Mallick

Abstract - Estimation of Specific Absorption Rate levels in a typical bunch of Sapodilla fruits is presented. Detailed discussion on their variations, due to the existing disparity among the electromagnetic standards is presented in a quantitative manner. The work includes dielectric properties characterization of the fruit specimen and the modelling of a typical fruit bunch according to their dielectric properties for the simulation-based investigations in order to gauge the Specific Absorption Rate levels based on the exposure standards. A typical geometric shape of the fruit bunch, modelled only under the most practical considerations - is also taken, in order to replicate the exact natural scenario, where the fruits or the other plant tissues are irradiated with electromagnetic exposures from the mobile towers and other Radio Frequency energy sources. The variations in the estimated Specific Absorption Rate levels calculated under different electromagnetic standards prescribed globally are seen to be substantial and the records are presented in detail in this article. Rigorous simulation works are carried out, to ensure accurate comparison between the estimated Specific Absorption Rate levels. Two global and two national electromagnetic standards are taken for the comparisons; both occupational and public exposure standards are considered. Five different frequencies of mobile operations are also considered as possible RF exposure sources in this work, for the investigations. The variation existing between the estimated Specific Absorption Rate levels based on the different standards in each of the frequencies - suggests a critical evaluation of the status quo and calls for the need of maintaining a global homogeneity among the existing Radio Frequency exposure regulations.

Keywords – Biological effects of radiation, Dielectric properties characterization of plant tissues, Electromagnetic regulatory standards, Open ended coaxial probe technique, Specific absorption rate estimation in fruit specimen.

I. INTRODUCTION

Seamless connectivity requirements initiated hard challenges for the telecom service providers, who in turn – have exhaustively used up the available bandwidths, leading

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Amirul I. Mallick is with the Indian Institute of Science Education and Research Kolkata, India 741246, E-mail: amallick@iiserkol.ac.in to continuous electromagnetic emission in nature. With the major frequency bands being used for telecom services (like 900 MHz, 1800 MHz, 2100 MHz, 2300 MHz, 2400 MHz, and so on), the present world lives under the shadow of continuous Radio Frequency (RF) signals and exposures today. This electromagnetic energy emitted from the cell tower antennas, gets absorbed in biological masses (be it humans or plants) due to reasonably high dielectric properties of living tissues. The dielectric properties of such tissues and biological masses are extensively studied in the references [1]-[17]. In addition, adequate literature is available regarding the electromagnetic energy deposition in humans [18]-[29] with some recent work on plants and fruits too [30]-[38]. The electromagnetic energy deposition rate (in humans as well plants) is quantitatively measured in terms of Specific Absorption Rate (SAR) and it is defined as the amount of power absorbed in one unit of biological mass while exposed to an external incident electromagnetic field [18]-[38]. At present, several RF exposure guidelines are in effect across the globe to gauge and check the maximum permissible SAR limits in humans for health reasons [39]-[42]. However, no such regulations are there for fruits, crops, or plants in general. In recent times, SAR estimations in several partial plant models such as for fruits, flowers, and other plant parts are being considered [30]-[38] to draw attention of the global authorities in this context.

In addition to the basic SAR limit regulations (for humans), frequency dependent reference electromagnetic field strengths for far field exposures have also been capped at different levels depending upon the regulatory standards in effect, for the concerned geographical regions [39]-[45]. However, no such measures are adopted for plants, crops, or fruits, which too, are at the same time getting exposed to RF radiation in a continuous manner. On the other hand, significant amount of disparity exists among the RF regulatory guidelines, in terms of - the reference electromagnetic power density levels, and the variation lies in the order of as high as ten to hundred folds among the standards [39]-[45]. SAR value depends extensively upon the strength of incident electromagnetic field, in addition to wave polarization, angle of incidence, material properties, and geometrical shapes of biological objects [30]-[38]. Therefore, the existing disparity among different electromagnetic standards plays an important role in determining the electromagnetic energy deposition rates, in terms of SAR values of the objects concerned [37].

Till date, quantitative estimation of electromagnetic energy absorption rate in composite bunch of fruits structure is less frequently reported in literature. In general, different fruits and plants are of different geometrical shapes and they possess dissimilar dielectric properties. Consequently, one unique prototype model is neither sufficient nor exhaustive, to conceive the problem and to investigate the phenomenon of electromagnetic energy absorption in fruits and plants respectively. SAR investigations in single fruit models [30]-[33], bunches of fruits models [34], [38], and multilayer fruit models [35]-[36] have already been reported. However, except for a plant prototype [37], no comparative SAR investigations have been performed in any fruit model based on the existing disparities among different electromagnetic standards. This article therefore, aims at dielectric properties characterization and three dimensional modelling of a typical bunch of sapodilla fruits along with a connected leaf structure, to investigate and observe the contrast in SAR data records with respect to the existing disparities among the different electromagnetic standards. Two global and two national RF exposure standards are taken for the comparisons [39]-[42]; both occupational and public standards are considered. Five different frequencies of mobile operations are also considered as possible RF exposure sources in this work, for the investigations. The results may lead to a future establishment of uniform electromagnetic standards for plants, crops, fruits, and other living objects concerned, after investigating the associated biological effects as well, due to the exposures.

Section II of this article deals with the definition of SAR, and a comparative discussion on the permissible electromagnetic exposure limits as established by the global and national standards. This is followed by a detailed discussion on the dielectric properties characterization of biological tissues and their material properties in Section III. The simulation process is detailed in Section IV. Collective results along with detailed discussions are presented in Section V followed by the conclusions and a list of references.

II. DEFINITION OF SPECIFIC ABSORPTION RATE AND DISPARITY AMONG GLOBAL AND NATIONAL ELECTROMAGNETIC STANDARDS

Electromagnetic energy absorption rate in biological mass is quantified in terms of SAR that is further categorized as maximum local point SAR (MLP SAR), SAR averaged over 1g of contiguous mass (1g SAR), SAR averaged over 10g of contiguous mass (10g SAR), and SAR averaged over the entire biological mass (WBA SAR). SAR at a particular point is defined by the following mathematical relation illustrated in Eq. (1):

$$SAR = \frac{\sigma |E|^2}{\rho},\tag{1}$$

where, σ is electrical conductivity of biological tissue, E is electric field (r.m.s) strength developed inside biological tissue, and ρ is material density of biological tissue. Moreover, 1g SAR, 10g SAR, and WBA SAR are basically

TABLE I
DISPARITY AMONG DIFFERENT GLOBAL AND NATIONAL
ELECTROMAGNETIC GUIDELINES [39]-[45]

Frequency of	Prescribed power density level (W/m ²)							
exposure (MHz)	Occupational Zone			Public Z				
	FCC	ICNIRP	FCC	ICNIRP	India	Swiss		
947.5	31.58	23.69	6.32	4.74	0.47	0.047		
1842.5	50	46.06	10	9.21	0.92	0.092		
2150	50	50	10	10	1	0.1		
2350	50	50	10	10	1	0.1		
2450	50	50	10	10	1	0.1		

averages of local point SAR data over respective contiguous tissue masses. SAR value depends upon square of electric field strength magnitude developed, tissue conductivity, tissue density, geometrical shape, frequency of irradiation, wave polarization, and angle of wave incidence etc [18]-[38].

As described in Eq. (1), the electromagnetic energy absorption rate varies with square of the internal electric field strength magnitude developed. Furthermore, the internal electric field strength magnitude develops in direct proportion with the incident electric field strength on the object. Hence, disparity among different global and national electromagnetic standards plays an important role while investigating SAR distribution in a specific biological object at a particular frequency of irradiation. Global electromagnetic standards prescribed by the organizations like Federal Communications Commission (FCC) and International Commission on Non-Ionizing Radiation Protection (ICNIRP) are adopted over a considerable part of the world to defend possible health risks [39]-[40]. But, reference power density levels (below 2000 MHz) for public exposure prescribed by these two organizations don't precisely agree with each other. Research outcomes on electromagnetic energy absorption rate in human phantoms along with consequent biological responses have raised concerns among the scientists and general public as well [18]-[29], [46]-[53]. In response, competent authorities in nations like Switzerland and India etc. have prescribed stricter national electromagnetic standards [41]-[42]. However, these global and national electromagnetic standards are not at par in terms of reference power density levels - with variations ranging from ten to hundred folds (refer to Table I) [39]-[45].

III. DENSITY AND DIELECTRIC PROPERTIES CHARACTERIZATION OF SAPODILLA FRUIT, LEAF, AND TWIG SPECIMENS

Adequate numbers of fresh sapodilla fruits along with connected leaves have been taken to laboratory for material density measurement and dielectric properties characterization. Thereafter, half of the samples have been taken for material density measurement and rest have been used in dielectric characterization technique.

A. Material Density Characterization

For material density characterization, mass of individual sapodilla fruit, leaf, and twig specimen has been weighed using scientific balance. Volume of individual specimen has been measured. Thereafter, material densities of sapodilla fruit, leaf, and twig specimens have been calculated. Obtained data have been averaged over similar specimens and illustrated in Table II.

B. Dielectric Properties Characterization

A number of established techniques like open ended coaxial probe, transmission line method, free space method, resonant cavity method, parallel plate method, planar transmission line method etc. are utilized for dielectric properties characterization [54]-[56]. However, each technique has its own advantages and drawbacks. Appropriate measurement techniques therefore should be adopted depending upon the physical state and approximate dielectric parameter range of the material under test. Open ended coaxial probe technique is considered to be the most suitable for broadband dielectric properties characterization of lossy biological samples that are semi-solid or liquid in nature (or at least contain reasonably high amount of liquid) [2]-[5], [16]-[17], [30]-[38], [57]-[62]. Theoretical analysis of open ended coaxial probe technique for broadband dielectric properties measurement is well established in literature [2]-[5], [35], [57]-[60]. In this context, mathematical analysis of antenna impedance in conducting medium was reported by Deschamps way back in 1962 [57]. In between 1980 to 1982, Stuchly et al. reviewed and demonstrated open ended coaxial probe technique for dielectric properties characterization of several biological samples at microwave frequencies [2]-[4]. In brief, equivalent circuit model for open ended coaxial probe contains a parallel combination of the fringing capacitance from inner to outer conductor through material under test, another fringing capacitance from the inner to outer conductor via intervening material (Teflon in most cases) within the coaxial probe, along with a radiation conductance representing propagation loss through material under test. For an open ended coaxial probe with known dimensions, effective values of two parallel

TABLE II Measured material density (ρ) of sapodilla fruit, leaf, and twig samples

Name of sample	Sapodilla	Leaf	Twig
Material density (kg/m ³)	1107.8	833.3	1107.8



Fig. 1. Analytical model of an open ended coaxial probe in lossy medium [2], [35], [58]-[60].

capacitances and conductance depend on the frequency of operation along with the complex dielectric properties of the material under test. Fig. 1 illustrates an equivalent circuit model of open ended coaxial probe [2], [35], [58]-[60].

The input admittance of open ended coaxial probe can be expressed as follows in Eq. (2) [2], [35], [58]-[60]. Eq. (2a) and Eq. (2b) are modified for air/vacuum and deionized water respectively.

$$Y = G(\varepsilon_c, \omega) + j\omega C(\varepsilon_c, \omega), \qquad (2)$$

$$Y_0 = G_0(1, \omega) + j\omega C_0(1, \omega), \qquad (2a)$$

$$Y_w = G_w(\varepsilon_w, \omega) + j\omega C_w(\varepsilon_w, \omega), \qquad (2b)$$

where, G_0 and G_w are conductance values while the probe is in air/vacuum and deionized water respectively. C_0 and C_w are capacitances while the probe is in air/vacuum and deionized water. ε_c and ε_w are complex relative permittivity of biological sample and deionized water; whereas, ω is the frequency of operation.

In case of biological tissue medium beneath the open ended coaxial probe, the same is analytically modelled as an antenna in lossy medium (Deschamps's theorem, 1962) as illustrated in Eq. (3) and Eq. (4) respectively [57]-[60]. Eq. (4a) is the modified version of Eq. (4) in deionized water for system calibration and error minimization.

$$Y(\varepsilon_c, \omega) = \sqrt{\varepsilon_c Y_0} (1, \omega \sqrt{\varepsilon_c}), \qquad (3)$$

$$Y = j\omega\varepsilon_c C_0 + \sqrt{\varepsilon_c^5}G_0, \qquad (4)$$

$$Y_w = j\omega\varepsilon_w C_0 + \sqrt{\varepsilon_w^5}G_0, \qquad (4a)$$

Capacitance C_0 is considered to have negligible variation in free space; capacitance C_0 and radiation conductance G_0 are calculated using Eq. (4) and Eq. (4a) derived by Liu et al. while the antenna (open ended coaxial probe) is in air/vacuum and deionized water respectively [58].

Open ended coaxial probe is calibrated using the following technique. First, a complex input admittance data set is calculated from measured reflection coefficient data set (S_{11}) using Vector Network Analyzer (VNA) for standard references with known dielectric parameters (air and deionized water at 25°C); choosing deionized water as the standard reference during calibration also facilitates accurate characterization of biological tissues that possess reasonable amount of water content resulting in high permittivity. Complex input admittance data of open ended coaxial probe are calculated from measured reflection coefficient data (S₁₁) using the following relation illustrated in Eq. (5) [35], [60]:

$$Y = Y_0 \left[\frac{1 - S_{11}}{1 + S_{11}} \right], \tag{5}$$

where, $Y_0 = \frac{1}{50 \ \Omega} = 0.02 \ S$; (Y₀ is characteristics admittance of open ended coaxial probe).

Then, the calculated complex input admittance data and the complex dielectric properties of reference materials are

processed to find out radiation conductance G_0 and fringing capacitance C_0 of open ended coaxial probe in air. Finally, the derived radiation conductance G_0 and the fringing capacitance C_0 are used further to characterize dielectric properties of the unknown material under test [35], [60].

Coming to the practical dielectric measurement setup, dielectric properties i.e. real part of complex permittivity (ε_r) and loss tangent (tan δ) data for sapodilla fruit, leaf, and twig specimens have been characterized using 85070E open ended coaxial probe dielectric measurement kit (Agilent Technologies) along with E5071B ENA Series VNA (Agilent Technologies). Figs. 2(a), 2(b), and 2(c) illustrate dielectric properties measurement set up for sapodilla fruit and leaf specimens using above mentioned open ended coaxial probe technique. The open ended coaxial dielectric measurement kit contains a high temperature coaxial probe that can withstand up to 200°C and can measure dielectric properties maximum up to 20 GHz. But, dielectric properties have been measured up to 8.5 GHz due to the frequency limitation of E5071B ENA Series VNA (Agilent Technologies). As a consequence, dielectric properties for sapodilla fruit and leaf specimens have been characterized up to 8.5 GHz. During dielectric properties characterization, adequate numbers of sapodilla leaves have been stacked to ensure negligible contribution from the base material beneath stacked leaves on measured reflection coefficient data at open ended coaxial probe interface. Thickness of stacked sapodilla leaves has been ensured more than twice the skin depth to ascertain accurate dielectric properties measurement. Dielectric properties for sapodilla twig couldn't be characterized separately due to small diameter of the twigs compared to diameter of the open ended coaxial probe (2 cm) - thus, the twig has been considered to possess similar dielectric properties to that of sapodilla leaves. Measured dielectric properties of sapodilla fruit, leaf, and twig (considered) samples have been tabulated in Table III.

IV. DESIGN OF A TYPICAL SAPODILLA BUNCH PHANTOM AND SAR SIMULATION SETUP

A. Design of a Typical Sapodilla Bunch Phantom in CST Microwave Studio

A typical three dimensional bunch of sapodilla fruits along with a leaf has been prototyped in CST Microwave Studio 2014 [63]. The bunch containing three fruits is weighing 121.16 g and occupying a volume of 109.58 cm³. Three







Fig. 2. Broadband permittivity and loss tangent measurement setup using Agilent 85070E dielectric measurement kit and E5071B ENA series Vector Network Analyzer (VNA) (a) Sapodilla fruit,
(b) Enlarged view of open ended coaxial probe on flat cut surface of sapodilla fruit, and (c) Sapodilla leaves.

sapodilla fruit specimens have been designed as spheres of different radii. A typical medium sized leaf has been first outlined on graph paper – then two dimensional coordinates have been imported and extruded to replicate the three dimensional leaf with specified thickness. The finalized prototype of three dimensional bunch of sapodilla fruits phantom has been illustrated in Fig. 3. In addition, exact geometrical specifications of the developed model are listed in Table IV.

Sample	947.50) MHz	1842.5	50 MHz	2150	MHz	2350	MHz	2450	MHz
	ε _r	tan δ	ε _r	tan δ	ε _r	tan δ	ε _r	tan δ	ε _r	tan δ
Fruit	66.08	0.222	64.33	0.217	63.30	0.237	62.67	0.239	62.90	0.248
Leaf	33.21	0.438	30.33	0.358	29.72	0.348	29.26	0.358	29.32	0.350
Twig	33.21	0.438	30.33	0.358	29.72	0.348	29.26	0.358	29.32	0.350

 TABLE III

 MEASURED PERMITTIVITY AND LOSS TANGENT OF SAPODILLA FRUIT, LEAF, AND TWIG SAMPLES

B. SAR Simulation with Linearly Polarized Plane Wave Incidence



Fig. 3. Three dimensional CAD model of the bunch of sapodilla fruits with linearly polarized plane wave at 1842.50 MHz in accordance with FCC public exposure scenario.

TABLE IV MODELLING SPECIFICATIONS OF BUNCH OF SAPODILLA FRUITS

Fruit Sample Specifications							
Sapodilla fruit		Shape	Radius				
			(mm)				
Large		spherical	25				
Medium		spherical	20				
Small		spherical	15				
Leaf Sample Specifications							
Leaf	Shape	Length (mm)	Width (mm)	Thickness (mm)			
Leaf blade	Thin planner	80	30	0.5			
Twig Sample Sp	ecificatio	ns					
Twig		Shape	Length (mm)	Radius (mm)			
Primary twig con large fruit	nected to	cylindrical	40	1			
Secondary twig connected to medium fruit		cylindrical	30	0.7			
Secondary twig connected to small fruit		cylindrical	25	0.7			
Secondary twig c to leaf blade	connected	cylindrical	20	0.5			

The bunch of sapodilla fruits specimen is irradiated with plane waves as per the contrasting global and nationalized electromagnetic standards. Linearly polarized plane waves with different electric field strengths, depending upon the frequency of exposure and regulatory standards in effect, have been used as far-field radiation sources. CST Microwave Studio 2014 simulator accounts peak electric field strength as an input for linearly polarized plane wave set up [63]. Hence, prescribed unperturbed r. m. s. electric field strength has been multiplied each time by $\sqrt{2}$ to obtain the peak electric field strength (considering sinusoidal variation) [39]-[42]. The transient solver available in CST Microwave Studio 2014 has been utilized to estimate the SAR values for the prototyped bunch of sapodilla fruits [63]. Total number of mesh cells in the above mentioned prototyped specimen is about 0.25 million in number with an average mesh cell size of 0.004 g. Four Perfectly Matched Layers (PMLs) with 10⁻⁴ reflection coefficient have been used as electromagnetic absorbing boundaries during simulation. Distance between the bunch of sapodilla fruits and the boundary wall has been kept negligible by choosing appropriate boundary conditions. Maximum local point SAR, 1g averaged SAR, 10g averaged SAR, and whole body averaged SAR data are compared in accordance with the above mentioned electromagnetic standards [39]-[42]. SAR data (except point SAR data that don't require averaging) have been averaged using three standard protocols, viz. IEEE C95.3 [64], CST C95.3 [63], and the most recent IEEE/IEC 62704-1 [65] SAR averaging techniques. However, insignificant variations are noted among the obtained datasets while three different SAR averaging protocols have been adopted. Hence, all SAR data have been reported adopting the most recent IEEE/IEC 62704-1 SAR averaging protocol only [65].

V. COMPARATIVE SAR DATA AND ANALYSIS

A. SAR Simulation Results

SAR data have been simulated mimicking occupational as well as public global exposure scenarios [39]-[40]. Moreover, SAR simulations have also been performed in accordance with selected nationalized public exposure scenarios in countries like India and Switzerland [41]-[42]. SAR data have been estimated at 947.5 MHz, 1842.5 MHz, 2150 MHz, 2350 MHz, and 2450 MHz respectively. Earlier, Fig. 3 showed a typical linearly polarized plane wave impinging on the bunch of sapodilla fruits specimen at 1842.5 MHz as per FCC public exposure standards [39]. Consequent MLP SAR and 1g averaged SAR distributions have been illustrated in Figs. 4(a) and 4(b) respectively [39]. The contrasts obtained in the comparative SAR datasets for the bunch of sapodilla fruits at five different frequency bands have been summarized over Table V to Table IX in sequence with the illustrations in Figs. 5(a) to 5(e). Fig. 5(f) depicts the contrast in cumulative SAR data over all the five frequencies for the above mentioned bunch of sapodilla prototype.



Fig. 4. (a) Simulated point SAR profile on surface of sapodilla bunch at 1842.50 MHz in accordance with FCC public exposure scenario and (b) Simulated 1g averaged SAR profile on surface of sapodilla bunch at 1842.50 MHz in accordance with FCC public exposure scenario.

B. Result Analysis

It is observed in Figs. 4(a) and 4(b) that SAR distribution increases near the surface with sharp geometries i.e. a surface with higher curvature or smaller radius. Charge density at the locations of greater surface curvature tends to be greater in magnitude. This could also be proved by solving the Poisson's equation on and around the surface of arbitrary shapes [66]. Local electric field due to such non uniform charge densities tends to follow a similar pattern i.e. the electric field near a location with greater charge density is also greater in magnitude [67]. The phenomena of increased electric field concentration near the sharp edges are not limited to conducting bodies alone [68]. Even in case of a dielectric body with finite conductivity, similar principle applies. Solution of the scattering problem depicted by the scattering of incident electromagnetic field by the said dielectric object eventually leads to an electric field distribution (or an equivalent induced surface current density) that prefers the sharp edges i.e. the magnitude of the distribution is greater near the regions of greater surface curvature.

Reported data reveal that the SAR value in general increases with frequency of exposure in accordance with any particular electromagnetic standards [39]-[42]. It is so because of the following reasons. First of all, the permissible electromagnetic field strength increases with frequency of exposure up to 2000 MHz in most cases (exception: 1500 MHz in case of the FCC electromagnetic standards) and as a consequence of the same, electric field values inside the bunch of sapodilla specimen also increase along with the resultant SAR values [30]-[38]. Hence, a prominent increment in SAR data is observed in between 947.5 MHz to 1842.5 MHz. Moreover, the operating wavelength inside the bunch of sapodilla model shortens with an increase in frequency – resulting in more number of hotspots with intense electric field strengths contributing to increased SAR value [30-38]. In addition, dielectric properties of the sapodilla fruit, leaf, and twig change with frequency i.e. permittivity (ε_r) to some extent reduces with frequency but loss tangent (tan δ) increases to a greater extent with frequency above a crucial point in between 1500 MHz to 2500 MHz for plant tissues in general. As a consequence, SAR value also increases with frequency because of the direct and greater dependence of itself on tissue conductivity (σ) / loss tangent (tan δ) value. Reported SAR data (be it MLP SAR, 1g SAR, 10g SAR, or WBA SAR) are absolutely justified in terms of averaging duration (six or thirty minutes for public exposure [39]-[42]) because, plants and fruits are stationary in nature and get exposed to electromagnetic energy throughout their lifespan.

Looking from a different aspect, contrasting SAR data have been noted even at a particular frequency because of disparity among the different electromagnetic standards [39]-[42] (refer to Table V to Table IX along with Figs. 5(a) to 5(e)). It should be noted that two reported occupational electromagnetic standards differ by a slight margin below 2000 MHz and match exactly beyond. Both FCC as well as ICNIRP have set down the occupational electromagnetic standards, five folds tolerant compared to the respective public electromagnetic standards [39]-[40]. SAR (= $\sigma |E|^2 / \rho$), being directly dependent upon the square of internal electric field strength magnitude developed inside biological medium i.e. bunch of sapodilla model in this case, varies with the square of incident electric field magnitude / directly with power density of plane wave depending upon electromagnetic standards in effect. In the results, SAR values for the bunch of sapodilla fruits model in the occupational exposure zone are too high in accordance with either FCC or ICNIRP occupational exposure standards.

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TABLE V DISPARITY AMONG SAR DATA FOR BUNCH OF SAPODILLA MODEL AT 947.5 MHZ AS PER DIFFERENT GLOBAL AND NATIONALIZED ELECTROMAGNETIC STANDARDS

	Frequency 947.5 MHz						
Exposure Zone	Occuj	pational		Public			
Guidelines	FCC	ICNIRP	FCC	ICNIRP	India	Swiss	
Power density (W/m ²)	31.58	23.69	6.32	4.74	0.47	0.047	
Equivalent peak electric field (V/m)	154.3	133.6	69.02	59.77	18.82	5.95	
MLP SAR	29.82	22.45	5.96	4.49	0.45	0.045	
1g SAR	4.92	3.67	0.98	0.73	0.07	0.007	
10g SAR	2.79	2.11	0.56	0.42	0.04	0.004	
WBA SAR	1.44	1.08	0.29	0.22	0.02	0.002	

SAR is in W/kg

TABLE VI DISPARITY AMONG SAR DATA FOR BUNCH OF SAPODILLA MODEL AT 1842.5 MHZ AS PER DIFFERENT GLOBAL AND NATIONALIZED ELECTROMAGNETIC STANDARDS

Frequency 1842.5 MHz								
Exposure Zone	Occup	ational		Pub	Public			
Guidelines	FCC	ICNIRP	FCC	ICNIRP	India	Swiss		
Power density (W/m ²)	50	46.06	10	9.21	0.92	0.092		
Equivalent peak electric field (V/m)	194.14	186.33	86.82	83.33	26.35	8.33		
MLP SAR	32.35	29.80	6.47	5.96	0.60	0.060		
1g SAR	11.23	10.35	2.25	2.07	0.21	0.021		
10g SAR	4.60	4.23	0.92	0.85	0.08	0.008		
WBA SAR	2.06	1.90	0.41	0.38	0.04	0.004		

SAR is in W/kg

From Table V and Table VI, it is observed that power density levels prescribed in FCC occupational standards (compared to ICNIRP) are 33 percent and 8.5 percent higher at 947.5 MHz and 1842.5 MHz correspondingly. As a consequence, SAR datasets as per FCC standards also differ by respective folds compared to ICNIRP standards; it is so because both incident power density and resultant SAR datasets are related to the second order of electric field strength magnitude at their respective points of observation. Even in case of public exposure, FCC and ICNIRP prescribed power density levels differ by same folds at 947.5 MHz and 1842.5 MHz along with the resultant SAR values (refer to Table V and Table VI along with Figs. 5(a) and 5(b) in order). Nationalized public electromagnetic standards in India and Switzerland are ten to

TABLE VII DISPARITY AMONG SAR DATA FOR BUNCH OF SAPODILLA MODEL AT 2150 MHZ AS PER DIFFERENT GLOBAL AND NATIONALIZED ELECTROMAGNETIC STANDARDS

	Frequency 2150 MHz							
Exposure Zone	Occupa	ational		Public				
Guidelines	FCC	ICNIRP	FCC	ICNIRP	India	Swiss		
Power density (W/m ²)	50	50	10	10	1	0.1		
Equivalent peak electric field (V/m)	194.14	194.14	86.82	86.82	27.45	8.68		
MLP SAR	39.91	39.91	7.98	7.98	0.80	0.08		
1g SAR	10.50	10.50	2.10	2.10	0.21	0.021		
10g SAR	4.78	4.78	0.96	0.96	0.10	0.01		
WBA SAR	2.07	2.07	0.41	0.41	0.04	0.004		

SAR is in W/kg

TABLE VIII DISPARITY AMONG SAR DATA FOR BUNCH OF SAPODILLA MODEL AT 2350 MHZ AS PER DIFFERENT GLOBAL AND NATIONALIZED ELECTROMAGNETIC STANDARDS

Frequency 2350 MHz								
Exposure Zone	Occupa	tional		Public				
Guidelines	FCC	ICNIRP	FCC	ICNIRP	India	Swiss		
Power density (W/m²)	50	50	10	10	1	0.1		
Equivalent peak electric field (V/m)	194.14	194.14	86.82	86.82	27.45	8.68		
MLP SAR	35.85	35.85	7.17	7.17	0.72	0.072		
1g SAR	10.34	10.34	2.07	2.07	0.21	0.021		
10g SAR	4.70	4.70	0.94	0.94	0.09	0.009		
WBA SAR	1.99	1.99	0.40	0.40	0.04	0.004		

SAR is in W/kg

hundred folds stricter compared to the global electromagnetic standards [41]-[42]. As a consequence, SAR values in India and Switzerland are respectively ten to hundred folds lower compared to international standards for public exposure (illustrated in Table V to Table IX). Figs. 5(a) to 5(e) summarize the significant contrast in MLP SAR, 1g SAR, 10g SAR, and WBA SAR values as per different electromagnetic standards over 947.5 MHz to 2450 MHz respectively. SAR values are significantly high where FCC or ICNIRP guidelines are in effect; SAR values are moderate in Indian public exposure scenario but strictly less in Swiss public electromagnetic exposure scenario. However, it must be noted that the safe SAR limit for representative sapodilla plant or any other plant is yet unknown. Moreover, simultaneous

TABLE IX

DISPARITY AMONG SAR DATA FOR BUNCH OF SAPODILLA MODEL AT 2450 MHz as per different global and nationalized electromagnetic standards

Frequency 2450 MHz							
Exposure Zone	Occupa	ational		Public			
Guidelines	FCC	ICNIRP	FCC	ICNIRP	India	Swiss	
Power density (W/m ²)	50	50	10	10	1	0.1	
Equivalent peak electric field (V/m)	194.14	194.14	86.82	86.82	27.45	8.68	
MLP SAR	38.91	38.91	7.78	7.78	0.78	0.078	
1g SAR	11.46	11.46	2.29	2.29	0.23	0.023	
10g SAR	4.63	4.63	0.93	0.93	0.09	0.009	
WBA SAR	1.96	1.96	0.39	0.39	0.04	0.004	

SAR is in W/kg

wireless communications in different frequency bands result in cumulative SAR effects i.e. electromagnetic energy absorption in biological tissue adds up over multiple frequencies of wireless communication as illustrated in fig. 5(f). Cumulative SAR data for bunch of sapodilla model over all five frequency bands indicate significant disparity among the different global and nationalized electromagnetic standards and seek immediate attention for uniform electromagnetic standards across the globe.

VI. CONCLUSION

SAR data for the prototyped bunch of sapodilla specimen (at a particular frequency) is predominantly dependent on the reference power density prescribed in the electromagnetic standards in effect. SAR datasets in the occupational zone are quite noticeable as FCC and ICNIRP declare occupational premises based on restricted accessibility to public but not based on the presence of plants [39]-[40]. Even more, SAR data at public premises have been noted to be varying by ten to hundred folds depending upon the electromagnetic standards in effect [39]-[42]. SAR data according to the Indian standards have been found to be moderate whereas the same is significantly less in Swiss territory. On contrary, corresponding SAR data in accordance with the global public standards (i.e. FCC and ICNIRP) are quite high and need to be considered with utmost care. Noted disparity among the SAR datasets in accordance with the different electromagnetic guidelines is no different for other biological objects including plants.

Reported SAR data are due to linearly polarized plane wave (direction of propagation along x-axis and electric field along z-axis as illustrated in Fig. 3) that impinges from a specific side of the bunch of sapodilla model. It must be noted that the prototyped bunch of sapodilla specimen is asymmetrical in nature and SAR is highly dependent on geometrical shape of the biological object along with direction and polarization of incident wave [36], [38]. Therefore, absolute value of SAR data can differ in case of different plane wave incidence and polarization; however, ratio of SAR values due to the disparity among the different global and nationalized electromagnetic protocols will remain the same in those cases.

Linearly Polarized Plane Wave Exposure at 947.5 MHz



Linearly Polarized Plane Wave Exposure at 1842.5 MHz



Linearly Polarized Plane Wave Exposure at 2150 MHz





Fig. 5. Disparity among SAR data for the bunch of sapodilla model due to variation among different electromagnetic guidelines (a) Plane wave exposure at 947.5 MHz, (b) Plane wave exposure at 1842.5 MHz, (c) Plane wave exposure at 2150 MHz, (d) Plane wave exposure at 2350 MHz, (e) Plane wave exposure at 2450 MHz, and (f) Cumulative SAR data over all five frequencies mentioned above.

At present, simulated SAR data have been reported and couldn't be extended to practical measurements due to the following reasons. Sapodilla leaf and twig are very thin and precise electric field measurement inside phantom model is difficult due to significant field perturbation using near field probe. In addition, customized non-standard sapodilla phantom model needs to be imported and same would be quite cost involving. However, work is in progress to develop an indigenous SAR measurement system along with custom made phantom liquid for sapodilla. Hence, simulated SAR data can be considered for the time being and can be backed by practical measurements in future.

Absence of global or local SAR limit for plants makes the situation complicated to scientifically consider an exposure scenario suitable for sustainable plant growth. Therefore, the biological effects of electromagnetic radiation are needed to be studied over a number of plants and fruits [69]-[75]. These investigations can further lead to a subsequent uniform electromagnetic standards implementation worldwide along with the explicit SAR limit prescription for plants and the other biological masses concerned.

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